



October 2025

Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		<ul style="list-style-type: none"> Turkey Sausage & Egg on English Muffin Frosted Cinnamon Pop-Tart Frosted Fudge Pop-Tart Low Fat Mozzarella String Cheese Fresh Red Delicious Apple Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	<ul style="list-style-type: none"> Iced Cinnamon Roll Turkey Sausage Patty Cinnamon Toast Crunch Reduced Sugar Trix Apple Cinnamon Cheerios Cheerios Honey Graham Crackers Fresh Orange Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	<ul style="list-style-type: none"> Sausage, Cheese & Biscuit Sandwich Mixed Berry Smoothie Homemade Granola Fresh Banana Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk
6	7	8	9	10
<ul style="list-style-type: none"> Whole Grain French Toast Sticks Turkey Sausage Patty Breakfast Syrup Whole Grain Blueberry Muffin WG Banana Muffin Whole Grain Apple Cinnamon Muffin WG Chocolate Chocolate Chip Muffin Low Fat Mozzarella String Cheese Blueberries Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	<ul style="list-style-type: none"> Sausage, Cheese & Biscuit Sandwich Cinnamon Toast Crunch Reduced Sugar Trix Apple Cinnamon Cheerios Cheerios Honey Graham Crackers Cinnamon Diced Pears Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	<ul style="list-style-type: none"> Whole Grain Waffles Breakfast Syrup Frosted Cinnamon Pop-Tart Frosted Fudge Pop-Tart Low Fat Mozzarella String Cheese Fresh Red Delicious Apple Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	<ul style="list-style-type: none"> Scrambled Eggs with Cheddar Cheese Fresh Baked Whole Grain Biscuit Grape Jelly Whole Grain Blueberry Muffin WG Banana Muffin Whole Grain Apple Cinnamon Muffin WG Chocolate Chocolate Chip Muffin Honey Graham Crackers Cinnamon Diced Pears Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	
13	14	15	16	17
<ul style="list-style-type: none"> Apple Frudel Whole Grain Blueberry Muffin WG Banana Muffin Whole Grain Apple Cinnamon Muffin WG Chocolate Chocolate Chip Muffin Low Fat Mozzarella String Cheese Honeydew Cubes Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	<ul style="list-style-type: none"> Chicken Tenders Whole Grain Waffle Breakfast Syrup Cinnamon Toast Crunch Cereal Bar Cocoa Puffs Cereal Bar Trix Cereal Bar Honey Graham Crackers Tropical Fruit Cocktail Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	<ul style="list-style-type: none"> Whole Grain Panckae Donut bites with Blueberries Frosted Cinnamon Pop-Tart Frosted Fudge Pop-Tart Low Fat Mozzarella String Cheese Fresh Orange Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	<ul style="list-style-type: none"> Strawberry Cream Cheese Stuffed Bagel Cinnamon Toast Crunch Cereal Bar Cocoa Puffs Cereal Bar Trix Cereal Bar Honey Graham Crackers Tropical Fruit Cocktail Apple Juice Fruit Punch Orange Pineapple Juice 1% Low-fat Milk Chocolate Low Fat Milk 	

20

- Skewered Sausage Pancake
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Low Fat Mozzarella String Cheese
- Fresh Red Delicious Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

21

- Whole Grain Waffles
- Breakfast Syrup
- Cinnamon Toast Crunch
- Reduced Sugar Trix
- Apple Cinnamon Cheerios
- Cheerios
- Honey Graham Crackers
- Fresh Orange
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

22

- Turkey Sausage & Egg on English Muffin
- Frosted Cinnamon Pop-Tart
- Frosted Fudge Pop-Tart
- Low Fat Mozzarella String Cheese
- Fresh Red Delicious Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

23

- Iced Cinnamon Roll
- Turkey Sausage Patty
- Cinnamon Toast Crunch
- Reduced Sugar Trix
- Apple Cinnamon Cheerios
- Cheerios
- Honey Graham Crackers
- Fresh Orange
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

24

- Sausage, Cheese & Biscuit Sandwich
- Mixed Berry Smoothie
- Homemade Granola
- Fresh Banana
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

27

- Breakfast Turkey Sausage Pizza
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Low Fat Mozzarella String Cheese
- Fresh Orange Wedges
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

28

- Whole Grain Pancake Donut bites with Strawberries
- Cinnamon Toast Crunch Cereal Bar
- Cocoa Puffs Cereal Bar
- Trix Cereal Bar
- Honey Graham Crackers
- Fresh Red Seedless Grapes
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

29

- Sausage & Cheese Bagel Sandwich
- Frosted Cinnamon Pop-Tart
- Frosted Fudge Pop-Tart
- Low Fat Mozzarella String Cheese
- Fresh Granny Smith Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

30

- Cherry Frudel
- Cinnamon Toast Crunch Cereal Bar
- Cocoa Puffs Cereal Bar
- Trix Cereal Bar
- Honey Graham Crackers
- Fresh Red Seedless Grapes
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

31

- Peach Parfait with Granola
- Honey Graham Crackers
- Whole Grain Blueberry Muffin
- WG Banana Muffin
- Whole Grain Apple Cinnamon Muffin
- WG Chocolate Chocolate Chip Muffin
- Low Fat Mozzarella String Cheese
- Fresh Granny Smith Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk
- Chocolate Low Fat Milk

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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